



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>Frosted Corn Flakes</b> Animal Grahams Craisins Orange Juice 1% or FF White Milk	<b>4</b> <b>WG Cinnamon French Toast</b> Turkey Sausage Orange Juice Diced Peach Cup 1% or FF White Milk	<b>5</b> <b>Dannon Nonfat Creamy Yogurt</b> Giant Cinnamon Goldfish Fresh Apple 1% or FF White Milk	<b>6</b> <b>French Toast Sticks w/ Syrup</b> Fresh Banana Orange Juice 1% or FF White Milk	<b>7</b> <b>WG Cinnabar</b> Apple Juice Fresh Orange 1% or FF White Milk
<b>10</b> <b>Cocoa Krispies Cereal Bar</b> Animal Grahams Craisins Orange Juice 1% or FF White Milk	<b>11</b> <b>WG Pancake</b> Turkey Sausage Diced Pear Cup Orange Juice 1% or FF White Milk	<b>12</b> <b>WG Bagel</b> Fresh Apple 1% or FF White Milk	<b>13</b> <b>Jumbo Waffle</b> Turkey Sausage Fresh Banana Orange Juice 1% or FF White Milk	<b>14</b> <b>Strawberry Pop Tart</b> Giant Cinnamon Goldfish Apple Juice Fresh Orange 1% or FF White Milk
<b>17</b> <b>Cinnamon Toast Crunch Cereal</b> Animal Grahams Craisins Orange Juice 1% or FF White Milk	<b>18</b> <b>WG Cinnamon French Toast</b> Turkey Sausage Orange Juice Mixed Fruit Cup 1% or FF White Milk	<b>19</b> <b>Dannon Nonfat Creamy Yogurt</b> Giant Cinnamon Goldfish Fresh Apple 1% or FF White Milk	<b>20</b> <b>WG Pancake</b> Turkey Sausage Fresh Banana Orange Juice 1% or FF White Milk	<b>21</b> <b>WG Raspberry Bar</b> Apple Juice Fresh Orange 1% or FF White Milk
<b>24</b> No School	<b>25</b> No School	<b>26</b> No School	<b>27</b> No School	<b>28</b> No School
<b>31</b> No School				



**Thought for Thought**

It is said that our anxiety does not empty tomorrow of its sorrows, but only empties today of its strength. - Charles H. Spurgeon

**Tips & Information**

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

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"or:" = An alternative selection to choose. "WG"=Whole Grain  
 1% White & Fat Free Chocolate Milk available daily.

**\*\*Menu Subject to Change\*\***

This institution is an equal opportunity provider.