



Monday	Tuesday	Wednesday	Thursday	Friday
Hot Philly Steak & Cheese Sub Potato Wedges Diced Pears 1% White or FF Flavored Milk 3	Chicken Fries w/ BBQ Sauce and WG Goldfish Baked Beans Mixed fruit 1% White or FF Flavored Milk 4	Chicken Soft Taco on Wheat Tortilla with WG Spanish Rice Tossed Salad with Ranch Fresh Banana 1% White or FF Flavored Milk 5	Cheeseburger Mac w/ WW Dinner Roll Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk 6	WG Pepperoni Pizza Slice Baby Carrots w/ Ranch Diced Peaches 1% White or FF Flavored Milk 7
Chicken Fajita Sub on WG Bun Baked Beans Fresh Orange 1% White or FF Flavored Milk 10	Meat Loaf w/ WW Dinner Roll Mashed Potato Mixed fruit 1% White or FF Flavored Milk 11	Turkey Chorizo & Cheese Nachos with WG Corn Chips Mexican Salsa Fresh Banana 1% White or FF Flavored Milk 12	Meatballs & Gravy with WW Dinner Roll Baked Green Beans Fresh Apple 1% White or FF Flavored Milk 13	WG Pepperoni Pizza Slice Fresh Broccoli & Ranch Dressing Diced Pears 1% White or FF Flavored Milk 14
Turkey Burger on WW Bun Diced Potatoes Diced Peaches 1% White or FF Flavored Milk 17	Texas Chili w/ Cornbread Romaine w/ Dressing Mixed fruit 1% White or FF Flavored Milk 18	Chicken & Bean Burrito with WW Tortilla Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk 19	Sweet & Sour Chicken over Brown Rice w/WW Dinner Roll Stir Fry Vegetables Fresh Apple 1% White or FF Flavored Milk 20	Half Day - No Lunch 21
No School 24	No School 25	No School 26	No School 27	No School 28
No School 31				



Thought for Thought

It is said that our anxiety does not empty tomorrow of its sorrows, but only empties today of its strength. - Charles H. Spurgeon

Tips & Information

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

